Giulia Prestera
University Academic Curriculum Vitae

EDUCATION

Centro Terapia Cognitiva 2025 - current
Specialization in Cognitive-Constructivist Psychotherapy

Free University of Bozen, Faculty of Education 2022 - 2025
Doctor of Philosophy in General Pedagogy, Social Pedagogy, General Didactics and Disciplinary Didactics
Research project: "Building blocks as visuo-spatial skills training for primary school children for an innovative investment on human capital."
Supervisor: Antonella Brighi, PhD; Mirco Tonin, PHD; Demis Basso, PhD

University of Milano-Bicocca, Department of Phychology 2017 - 2020
Master's degree in Developmental and Educational Psychology
Thesis title: "Behavioural and emotional problems, relationship in the classroom and bullying: a longitudinal study in primary school"
Supervisor: Carmen Gelati, PhD *summa cum laude*

University of Milano-Bicocca, Department of Phychology 2014 - 2017
Bachelor's Degree in Psychology Sciences and Techniques
Thesis title: "Cyberbullying: definition of the phenomenon and preventive perspectives" Supervisor: Matteo Lancini, Dr

PROFESSIONAL EXPERIENCE

Free University of Bozen, Faculty of Education, Brixen 2025 - current

Research Fellow

Research fellowship within the ESF-funded project PLASELY – Playing Seriously: Improving Children's Development and Learning Outcomes, focused on empirically investigating the impact of serious game activities on children's learning outcomes and developmental development (ages 6–10).

Key responsibilities: design and implementation of a mixed-methods research approach for data collection and analysis; quantitative and qualitative data analysis; collaboration with educators and stakeholders to develop innovative, gamification-based educational interventions; contribution to dissemination and research networking activities.

Free University of Bozen, Faculty of Education, Brixen 2025

Teaching Activity

Teaching activity within the indirect internship program (4th Year, Primary Education), focused on fostering relational and communication skills in future teachers, with particular attention to teamwork, effective communication, and conflict management.

Artec Co. Ltd, Osaka, Japan 2023 - 2024

Curricular internship, full-time

Research & Development: Development of teaching material and Italian translation for future use in didactic projects.

I.C. Galvaligi, Oggiona con S. Stefano 2021

Special Educational Needs Teacher, full-time

Tice Coop Soc., Piacenza 2020-2021

Apprenticeship, full-time

Post-degree internship for the Italian state exam for psychologists carried out in a clinical and developmental psychological center specialized in CBT and ABA.

Key responsibilities: assessment and data collection, goal setting e contingency contracting; planning and management of psycho-educational projects (e. g. bullying prevention); contacts with local professionals, teachers and stakeholders; supervised counselling.

Unicoop Coop Soc., Piacenza 2021

Assistant School Educator

Centro Your Self, Varese 2019

School educator/psychologist trainee

Key responsibilities: planning and implementation of study programmes, arrangement of study method, application of compensatory measures and software, supervised assessment.

Gulliver Coop. Soc., Varese 2016

Curricular Internship

Key responsibilities: supervised interviews; educational and school projects

REFEREED JOURNAL ARTICLES

Prestera G., Amadori A., Sangiuliano Intra F., Taverna L., Basso D., Brighi A. (2025). The impact of social norms and conformity on cyberbullying perpetration among adolescents: An integration of the Theory of Planned Behavior model. Frontiers in Psychology, 16, 1492295.

Prestera, G. (2025). Il rifiuto scolastico: analisi del fenomeno, fattori di rischio e strategie di intervento . In A. Righi & A. Amadori (Eds.), Adolescenti tra mondo digitale, scuola e futuro: Indagine sul benessere degli studenti della Repubblica di San Marino (pp. 39–63). FrancoAngeli.

Amadori A., **Prestera G.**, Sangiuliano Intra F., Taverna L., Brighi A. (2025). Exploring the Relationship Between Peer Loneliness, Problematic Videogame Use, And Cybervictimization in Adolescence. Journal of Child & Adolescent Mental Health, 1-17

Sangiuliano Intra F., Taverna L., Incardona R.M., Tremolada M., Amadori A., **Prestera G.**, Brighi A. (2024). Performance and Self-representation of socioemotional competencies in preschool children: implication for adaptive developmental outcome.

Cammeo, C., **Prestera, G.,** Massaro, D., Marchetti, A., & Cavallini, F. (2022). Teaching clinical reasoning to psychology students: an exploratory study on the potential of a podcast training. *Journal of Clinical & Developmental Psychology*, *4*(2, 3).

CONFERENCE PRESENTATIONS

Prestera G., Bisagno E., Cadamuro A., Vezzali L., Camodeca M., Palladino B.E., Menesini E., Brighi A., Key predictors of intention to intervene against bias-based bullying: A comparison between primary and secondary school teachers. In Proceedings of the World Anti-Bullying Forum, Stavanger, 2025.

Taverna L., Sangiuliano Intra F., **Prestera G.**, Brighi A., Valutare le funzioni esecutive nella prima infanzia: BAFE e FEPS 2–6 a confronto. In Proceedings of the XXXIII Congresso Nazionale AIP – Sezione Psicologia dello Sviluppo e dell'Educazione, Udine, 2025.

Prestera G., Brighi A., Tonin M., Basso D., Building Blocks Training program for the enhancement of visuo-spatial skills in primary school children. In Proceedings of the XXXII Congresso Nazionale AIP – Sezione Psicologia dello Sviluppo e dell'Educazione, Cagliari, 2024.

Amadori A., **Prestera G.**, Sangiuliano-Intra F., Taverna V., Brighi A. The Impact of School Climate and Parental Communication on Adolescent School Avoidance. In Proceedings of the International Symposium on School Climate, Chieti, Italy, 2024.

Prestera G., Brighi A., Tonin M., Basso D. Building Blocks Training Program for the Enhancement of Visuo-spatial Skills in Primary School Children. 27th Biennal Meeting of the International Society for the Study of Behavioural Development, Lisbon, 2024.

Taverna L., Sangiuliano Intra F., Incardona R., Failo A., Amadori A., **Prestera G.**, Brighi A. Executive Functions and Peer Problems Among Preschoolers. In Proceedings of the World AntiBullying Forum 2023, Raleigh, North Carolina, USA. The University of North Carolina at Chapel Hill.

Amadori A., **Prestera G.**, Sangiuliano-Intra F., Taverna L., Brighi A., Exploring the Relationship Between Peer Loneliness, Problematic Videogame Use, Cyberbullying Victimization, and Mental Health Problems in Adolescence. In Proceedings of the IX World Conference on Violence in School, Seville, 2023.

Cammeo C., G. **Prestera G.**, Marchetti A., F. Cavallini F. Teaching Clinical Reasoning To Psychology Students: An Exploratory Study On The Potential Of A Podcast Training. XXX National Congress of Associazione Italiana di Psicologia 2023, University of Padua.

RESEARCH EXPERIENCE

University of Bozen, Faculty of Education 2025 - current

PLASELY – Playing Seriously: Improving Children's Development and Learning Outcomes (European Social Fund – ESF funded project)

Research Fellow

Principal Investigator: Livia Taverna, PhD

University of Bozen, Faculty of Education 2023

BRNET International Study on identity-based bullying

Graduate Research Assistant

Principal Investigator: Antonella Brighi, PhD

Free University of Bozen, Faculty of Education 2021 - 2022

UPRISING- Cognitive and socio-emotional predictors of bullying in early childhood

Graduate Research Assistant

Principal Investigator: Antonella Brighi, PhD

University of Milan-Bicocca, Department of Psychology 2017 - 2018

Cognitive, motivational and social-emotional aspects of well-being in elementary school pupils

Under-graduate Research Assistant

Principal Investigator: Carmen Gelati, PhD

MEMBERSHIP

National Registered Psychologists Board, (Section of Lombardy), Member (n. 28469) 2024

Italian Association of Psychology, Section of Developmental and Educational Psychology, Member 2023

LICENCES

Licence to psychologist practice, Section A of the Professional 2022 Register, University of Pavia

LANGUAGE COMPETENCE

English – Advanced, Level C1 (CEFR)

Bolzano, 2/03/2026