SIGRID MAIRHOFER

Academic Curriculum Vitae

Affiliation: HM Munich University of Applied Sciences, Department of Applied Social Sciences (Germany)
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Working languages: German, Italian, English

CURRENT POSITION

02/2021 – present **Professor of Community and Organizational Development**, Faculty of Applied Social Sciences, HM Munich University of Applied Sciences, Germany. Permanent position.

From 2026/27 **HM Research Professorship** (competitive, 5 years; significantly reduced teaching load to expand research activities).

EDUCATION

06/2017 **PhD** in General Pedagogy, Social Pedagogy and General Education (specialisation: Social Education and Social Work), Free University of Bozen–Bolzano (I). Supervisors: Prof. Walter Lorenz (former Rector of unibz), Prof. Susanne Elsen (unibz), Prof. Michael T. Wright (ICPHR, Berlin).

2014 **Certification course in Participatory Social Research** (one-year course), International Collaboration for Participatory Health Research (ICPHR), Berlin.

05–08/2014 **23rd ETC Summer School in Public Health**, École des hautes études en santé publique, Rennes (F).

2012 **Master of Arts (MA)** in Innovation and Research for Social Work and Social Education, Free University of Bozen–Bolzano (I).

2010 **Master of Science (MSc)** in Social Management, Danube University Krems (A).

2009 **Certificate for Trainers in Adult Education** (1-year ISO-certified course), Cusanus Academy Brixen – Bildungsforum Innsbruck (A).

2007 **State examination for Social Worker**, University of Trento (I).

2006 **Bachelor of Arts (BA)** in Social Work, Free University of Bozen–Bolzano (I).

ACADEMIC POSITIONS

02/2021 – present **Professor** (permanent), Department of Applied Social Sciences, HM Munich University of Applied Sciences, Germany.

10/2017 – 09/2023 **Adjunct Lecturer**, various universities in Italy and Austria (Free University of Bozen–Bolzano; University of Verona at Claudiana, Bozen; University of Applied Sciences St. Pölten; MCI Management Center Innsbruck).

07/2018 – 02/2020 **Freelance Researcher**, Stiftung Forum Prävention, Bozen (I). Scientific evaluation of the pilot projects Early Family Support South Tyrol.

01/2018 – 03/2018 **Postdoctoral Researcher** (wissenschaftliche Mitarbeiterin), Free University of Bozen–Bolzano (I). FaFöp — Family Support Plan for the Autonomous Province of Bolzano (PI: Prof. S. Elsen).

12/2016 – 09/2017 **Research Associate, DYPKIN** — Dynamic patterns of kinship relationships and child rearing in South Tyrol, Free University of Bozen–Bolzano (PIs: Prof. W. Lorenz, Prof. S. Fargion). Lead of the qualitative research strand.

07/2013 – 10/2014 **Research Associate**, Quality criteria for professional competence in social services, Free University of Bozen–Bolzano (PIs: Prof. W. Lorenz, Prof. S. Fargion).

02/2008 – 12/2009 **Research Associate**, The development of distributive justice (PI: Prof. Jutta Kienbaum), Free University of Bozen–Bolzano. Data collection and analysis.

PROFESSIONAL EXPERIENCE IN SOCIAL WORK PRACTICE

05–12/2012 **Project Manager for Health Promotion**, Foundation Vital, Bolzano (I).

07/2009 – 10/2011 **Social Worker**, Public Psychiatry Service, South Tyrolean Public Health Service (I).

10/2006 – 01/2008 **Social Worker**, Public Child Welfare Service, Eisack Valley (I).

AWARDS AND SCHOLARSHIPS

2026 **HM Research Professorship**, HM Munich University of Applied Sciences (competitive, 5 years).

2016 **Research Award** (1st prize), 3-Minute PhD Thesis Competition, PhD Pre-conference of the European Conference for Social Work Research (ESWRA), Catholic University of Portugal, Lisbon.

2015 **Scholarship**, European Forum Alpbach (Austria).

2013 – 2016 **PhD Scholarship**, Free University of Bozen–Bolzano.

FUNDED RESEARCH PROJECTS (SINCE 2021)

2024 – 2026 **AlgeleQua — Altersgerecht und gesund leben im Quartier**. Principal Investigator. Funded by the Bavarian State Ministry of Science and the Arts (approx. €300,000). Participatory research with older people including older migrants.

2024 – 2026 **Transformationslabor Museum Wolfratshausen**. Accompanying research on participatory transformation and (re-)appropriation of public space. Co-editorship of practice-oriented guide (with Prof. S. Dorkenwald, HM Munich), forthcoming autumn 2026.

03 – 07/2023 **Research Fellowship hosted at HM Munich**. Hosting Dr. Nadia Paone (Free University of Bozen–Bolzano) as visiting researcher.

SUPERVISION OF EARLY-CAREER RESEARCHERS

- Doctoral supervision: currently accompanying 2 doctoral candidates.
- Master's and Bachelor's theses (ongoing supervision).
- Mentoring of research assistants and student assistants within the AlgeleQua project.
- Hosting of international visiting researchers (Dr. Nadia Paone, 2023).

ACADEMIC SERVICE AND COMMITTEES

- Member of the Faculty Council (Fakultätsrat), Faculty of Applied Social Sciences, HM Munich.
- Member of the doctoral centre Promotionszentrum PZSGT (HM); member of the Munich Social Health Research Center (SHE:RC).
- Erasmus Coordinator for Italy, Department of Applied Social Sciences, HM Munich. Active institutional cooperation with unibz.
- Member and chair of several appointment committees (Berufungskommissionen), HM Munich.
- Module coordinator for Community Work (Gemeinwesenarbeit), Faculty of Applied Social Sciences, HM Munich.
- Board member, Forum Prävention Südtirol.
- Until 2024: Faculty Officer for Maternity Protection and Gender Equality, HM Munich.
- Co-organiser of the European Social Work Research Conference 2014 at the Free University of Bozen–Bolzano.

INTERNATIONAL COLLABORATIONS, NETWORKS AND MEMBERSHIPS

- European Social Work Research Association (ESWRA)
- International Collaboration for Participatory Health Research (ICPHR)
- PartNet (Network for Participatory Research, German-speaking countries)

SELECTED PUBLICATIONS

- Mairhofer, S., & Hillgärtner, J. (accepted). Forschendes Lernen als Brücke zwischen Theorie und Praxis: Eine Reflexion aus Lehrenden- und Studierenden-Perspektive. In S. Kessler, O. Zimmermann, & N. N. (Eds.), *Forschendes Lernen in der Sozialen Arbeit: Reflexionen und Ergebnisse aus der Praxis. Professionalisierung und Adressat:innenorientierung.*
- Mairhofer, S. (2026). Relational Social Work, Eco-Social Approaches, and Participatory Methods: Building Climate-Resilient Neighbourhoods with Older Adults. *Relational Social Work, 10(1), 3–24. Erickson [Open Access].* DOI: 10.14605/RSW1012601.
- Mairhofer, S., Faltermayr, N., Jesgarz, L., & Riedlinger, I. (2026). Altern im Quartier — Stadt-Land-Vergleich im Praxisforschungsprojekt Algele Qua. *Zeitschrift für Gerontologie und Geriatrie, 59(Suppl. 1), 21 [abstract].* DOI: 10.1007/s00391-026-02568-z.
- Mairhofer, S. (2026). Rezension: Löffler/Bleck/Rüßler (Hrsg.): Forschen und Forschung in Kontexten des Alter(n)s. *Soziale Arbeit, 75(3), 118.* DOI: 10.5771/0490-1606-2026-3.
- Mairhofer, S., Riedlinger, I., Jesgarz, L., & Faltermayr, N. (2025). Quartiere der Vielfalt — Altersgerechte Nachbarschaften gestalten. *ProAlter, 57(4), 68–70.*
- Mairhofer, S., Paone, N., & Teti, A. (2024). Implementazione dell'approccio partecipativo (ICPHR) nella ricerca sociale e della salute / Implementation of the participatory approach (ICPHR) in social and health research. *Salute e Società, 1/2024, 146–159 [ANVUR Class A; Scopus-indexed].* DOI: 10.3280/SES2024-001010.
- Mairhofer, S., & Paone, N. (2024). Alter und Einsamkeit in ländlichen Räumen: Die verborgene Seite idyllischer Landschaften am Beispiel Südtirol. *Die Planerin, 1/2024.*
- Paone, N., & Mairhofer, S. (2023). Come favorire forme di sostegno alla domiciliarità nel lavoro sociale con gli anziani? *Quaderni de La Rivista di Servizio Sociale, 21/2023, 51–62.* ISSN: 2785-1087.
- Paone, N., & Mairhofer, S. (2023). Come favorire la domiciliarità degli anziani in aree rurali: spunti di riflessione da una ricerca in Alto Adige. *I Luoghi di Cura, 2023(3).*
- Mairhofer, S., Plagg, B., & Flarer, H. (2022). Where are the children of working parents during school closures? *European Journal of Public Health, 32(Suppl. 3), ckac131.097.* DOI: 10.1093/eurpub/ckac131.097.
- Paone, N., & Mairhofer, S. (2022). Healthy aging in place during the pandemic in Northern Italy. *European Journal of Public Health, 32(Suppl. 3), ckac131.074.* DOI: 10.1093/eurpub/ckac131.074.
- Mairhofer, S. (2022). Gemeinwesenbasierte Gesundheitsförderung mit älteren Menschen im ländlichen Raum. In A. Teti et al. (Eds.), *Wohnen und Gesundheit im Alter (pp. 201–214). Wiesbaden: Springer VS [Open Access].* DOI: 10.1007/978-3-658-34386-6_13.
- Plagg, B., Flarer, H., Conca, A., Wiedermann, C. J., Engl, A., Piccoliori, G., Mairhofer, S., Barbieri, V., & Eisendle, K. (2021). Who is watching the children? *International Journal of Environmental Research and Public Health, 18(21), 11174 [Scopus-indexed].* DOI: 10.3390/ijerph182111174.
- Kienbaum, J., & Mairhofer, S. (2021). Need, effort, or integration? The development of intuitive distributive justice decisions in children, adolescents, and adults. *Social Development, Wiley [Wiley peer-reviewed].* DOI: 10.1111/sode.12563.
- Mairhofer, S. (2021). Gesunde Lebenswelten partizipativ gestalten. In B. Reime & Ch. Weidmann (Eds.), *Gesundheitsförderung und gesundheitsbezogene Versorgung im ländlichen Raum. Bern: Hogrefe.* ISBN: 978-3-456-85979-8.