

# Syllabus

## *Course Description*

<b>Course Title</b>	Innovation and authenticity in food processing
<b>Course Code</b>	44760
<b>Course Title Additional</b>	
<b>Scientific-Disciplinary Sector</b>	
<b>Language</b>	English
<b>Degree Course</b>	Master in Food Sciences for Innovation and Authenticity
<b>Other Degree Courses (Loaned)</b>	
<b>Lecturers</b>	<p>Prof. Giovanna Ferrentino,  Giovanna.Ferrentino@unibz.it  <a href="https://www.unibz.it/en/faculties/agricultural-environmental-food-sciences/academic-staff/person/36045">https://www.unibz.it/en/faculties/agricultural-environmental-food-sciences/academic-staff/person/36045</a></p> <p>Prof. Sergio Angeli,  Sergio.Angeli@unibz.it  <a href="https://www.unibz.it/en/faculties/agricultural-environmental-food-sciences/academic-staff/person/27643">https://www.unibz.it/en/faculties/agricultural-environmental-food-sciences/academic-staff/person/27643</a></p> <p>Dr. Juliane Elisabeth Kleiner,  JulianeElisabeth.Kleiner@unibz.it  <a href="https://www.unibz.it/en/faculties/agricultural-environmental-food-sciences/academic-staff/person/48865">https://www.unibz.it/en/faculties/agricultural-environmental-food-sciences/academic-staff/person/48865</a></p>
<b>Teaching Assistant</b>	
<b>Semester</b>	First semester
<b>Course Year/s</b>	1st
<b>CP</b>	12
<b>Teaching Hours</b>	72
<b>Lab Hours</b>	48
<b>Individual Study Hours</b>	180
<b>Planned Office Hours</b>	36
<b>Contents Summary</b>	<p>Insects as Novel Food:</p> <p>This course aims to provide an overview and concepts related to the topic of novel foods (food that was not consumed to a</p>

	<p>significant degree by humans in the EU prior to 15 May 1997), with particular emphasis on risk assessment and regulatory aspects in EU, insects and plants as novel foods, new substances, new techniques, new sources as novel foods, insect consumption around the world, actual and future trends of novel foods in Europe.</p> <p>At the end of the course, students should be able to:</p> <ol style="list-style-type: none"> <li>1) understand the concept of novel foods;</li> <li>2) insights on novel foods risk assessment;</li> <li>3) explain health, economic and environment impacts of insect consumption as an alternative food source;</li> <li>4) future trends in novel foods and possible impacts.</li> </ol> <p>Innovative Food Technologies:</p> <p>The course aims to provide knowledge and understanding of the basic principles, effects and main applications of the innovative technologies in the field of food industry. Moreover, the course will provide information on the qualitative aspects and stability of food products obtained using the innovative technologies.</p> <p>The followed approach is both descriptive and quantitative. The description of the physical, chemical and / or biological changes induced to the food during a treatment is intended to assess the impact that the process has on the quality of the final products. The quantitative approach provides the tools for choosing the innovative process that tends to minimize the deleterious effects on food. For some of the proposed innovative processes, laboratory activities are planned with the aim of showing the plants and the effects on the treated food.</p>
<b>Course Topics</b>	<p>Insects as Novel Food:</p> <p>The course will cover the following topics:</p> <ol style="list-style-type: none"> <li>1. The concept of 'Novel Foods' in EU legislation.</li> <li>2. Significance and importance of insects as novel foods.</li> <li>3. Basic knowledge of entomology and edible insects</li> <li>4. Insect species is authorised as novel foods: <i>Acheta domesticus</i>, <i>Gryllodes sigillatus</i>, <i>Locusta migratoria</i>, <i>Schistocerca gregaria</i>, <i>Tenebrio molitor</i>, <i>Alphitobius diaperinus</i>, <i>Zophobas atratus</i>, <i>Galleria mellonella</i>, <i>Achroia grisella</i>, <i>Bombyx mori</i>.</li> <li>5. Potential new insect species under evaluations as novel foods.</li> <li>6. Insects as a new source of bioactive compounds.</li> </ol>

	<p>7. Source and production of novel food, practical considerations.</p> <p>8. Actual and future trend of insects as novel food in European countries.</p> <p>9. Novel foods from animals, cell or tissue cultures.</p> <p>10. Novel foods from plants microorganisms, fungi, algae.</p> <p>11. Novel foods through new production processes.</p> <p>12. Novel Foods through new or modified molecular structure.</p> <p>13. EFSA responsibility for risk assessment.</p> <p>14. Health and legislation aspects.</p> <p>15. Lab activity: Introduction to insect morphology, physiology and classification.</p> <p>16. Lab activity: Extraction, physicochemical characterization of nutrients and bioactive molecules in edible insects.</p> <p>Innovative Food Technologies:</p> <p>1. Fundamentals Definitions and objectives of innovative technologies in food processing Application of mass and energy balances to food processes</p> <p>2. Extraction and Recovery Innovative technologies for the extraction of food components</p> <p>3. Stabilization and Preservation Innovative technologies for the pasteurization of food products</p> <p>4. Drying and Dehydration Innovative technologies for the drying of food products</p>
<b>Keywords</b>	Innovative technologies; Food quality; Sustainable processes
<b>Recommended Prerequisites</b>	Knowledge on mathematic and physic.
<b>Propaedeutic Courses</b>	None
<b>Teaching Format</b>	<p>Innovative Food Technologies:</p> <p>The course combines frontal lectures with laboratory sessions. During lectures, theoretical aspects are presented and reinforced through exercises and practical examples. Teaching is supported by advanced methodologies, including case studies, and by the use of up-to-date tools such as PowerPoint slides, scientific publications, articles from the food sector, and multimedia</p>

	<p>resources (e.g., videos).</p> <p>Laboratory activities are designed to provide hands-on experience, allowing students to apply and consolidate the knowledge acquired during lectures through practical demonstrations and experiments.</p>
<b>Mandatory Attendance</b>	No
<b>Specific Educational Objectives and Learning Outcomes</b>	<p>Innovative Food Technologies:</p> <p>Knowledge and understanding:</p> <p>Deep understanding of the technological, microbiological, biochemical, chemical, and physical principles underlying food transformation processes and responsible for food product degradation, ensuring their stability and prolonging their shelf life. These knowledge areas will be developed through an educational program that integrates theoretical teaching activities with practical activities, such as laboratory exercises, computer simulations, simulations of food processes using pilot plants, and company visits.</p> <p>Ability to apply knowledge and understanding:</p> <p>Ability to manage the technological, microbiological, biochemical, chemical, and physical processes that drive food transformation and the main issues related to the stability and shelf life of food products.</p> <p>Ability to plan and develop analytical techniques, innovative products, and processes using a multidisciplinary approach, with particular attention to local food productions.</p> <p>Making judgements:</p> <p>Independent judgement is developed through a training programme designed to stimulate critical analysis in students. This includes the use of case studies, simulations using spreadsheets and videos, the reading and critical discussion of scientific articles, as well as specialist seminars held by experts in the food sector. The assessment of the independent judgement acquired by students is entrusted to the individual teachers responsible for the training activities, who will assess it through oral and/or written reports on specific topics and/or through exams.</p>

	<p>Communication skills:</p> <p>Use of the English language, both written and spoken, at a B2 level, with a command of technical and scientific vocabulary related to food science.</p> <p>Structure and draft scientific and technical documentation describing project activities.</p> <p>Interact and collaborate in the design and development of products and processes with peers and industry experts.</p> <p>Learning skills:</p> <p>The degree course provides graduates with the cognitive skills, logical tools and familiarity with new information technologies necessary to ensure continuous updating of knowledge, both in their specific professional field and in the field of scientific research.</p>
<b>Specific Educational Objectives and Learning Outcomes (additional info.)</b>	None.
<b>Assessment</b>	<p>Innovative Food Technologies</p> <ul style="list-style-type: none"> <li>- Written exam consisting of multiple-choice and open-ended questions.</li> <li>- Oral exam including a PowerPoint presentation.</li> <li>- Laboratory reports submitted at the end of each activity will also be evaluated.</li> </ul>
<b>Evaluation Criteria</b>	<p>Innovative Food Technologies</p> <p>Successful completion of the examination will result in a grade ranging from 18 to 30 with honors. Assessment will be based on the following criteria:</p> <ul style="list-style-type: none"> <li>- Clarity of presentation and accuracy of answers during both written and oral examinations.</li> <li>- Mastery of language, with particular attention to the teaching language used.</li> <li>- Ability to summarize effectively and present information in a coherent manner.</li> <li>- Capacity to evaluate and establish connections between different topics covered in the course.</li> <li>- Demonstrated critical thinking and reflective analysis.</li> </ul>

	- Quality of laboratory reports, including completeness, scientific rigor, and clarity of presentation.
<b>Required Readings</b>	<p>Innovative Food Technologies</p> <ul style="list-style-type: none"> <li>• Slides, keynotes and scientific papers provided by the lecturers</li> <li>• Emerging Technologies for Food Processing. Edited by: Da-Wen Sun</li> <li>• Supercritical Fluid Extraction: Principles and Practice. Edited by: Mark A. McHugh, Val J. Krukonis</li> <li>• Innovative Food Processing Technologies. Edited by: Kai Knoerzer and Kasiviswanathan Muthukumarappan</li> </ul>
<b>Supplementary Readings</b>	None.
<b>Further Information</b>	None.
<b>Sustainable Development Goals (SDGs)</b>	Industry, innovation and infrastructure

## *Course Module*

<b>Course Constituent Title</b>	Insects as Novel Food
<b>Course Code</b>	44760A
<b>Scientific-Disciplinary Sector</b>	AGRI-05/A
<b>Language</b>	English
<b>Lecturers</b>	<p>Prof. Sergio Angeli,  Sergio.Angeli@unibz.it  <a href="https://www.unibz.it/en/faculties/agricultural-environmental-food-sciences/academic-staff/person/27643">https://www.unibz.it/en/faculties/agricultural-environmental-food-sciences/academic-staff/person/27643</a></p>
<b>Teaching Assistant</b>	
<b>Semester</b>	First semester
<b>CP</b>	6
<b>Responsible Lecturer</b>	
<b>Teaching Hours</b>	36
<b>Lab Hours</b>	24
<b>Individual Study Hours</b>	90
<b>Planned Office Hours</b>	18

<b>Contents Summary</b>	<p>This course aims to provide an overview and concepts related to the topic of novel foods (food that was not consumed to a significant degree by humans in the EU prior to 15 May 1997), with particular emphasis on risk assessment and regulatory aspects in EU, insects and plants as novel foods, new substances, new techniques, new sources as novel foods, insect consumption around the world, actual and future trends of novel foods in Europe.</p> <p>At the end of the course, students should be able to:</p> <ol style="list-style-type: none"> <li>1) understand the concept of novel foods;</li> <li>2) insights on novel foods risk assessment;</li> <li>3) explain health, economic and environment impacts of insect consumption as an alternative food source;</li> <li>4) future trends in novel foods and possible impacts.</li> </ol>
<b>Course Topics</b>	<p>The course will cover the following topics:</p> <ol style="list-style-type: none"> <li>1. The concept of 'Novel Foods' in EU legislation.</li> <li>2. Significance and importance of insects as novel foods.</li> <li>3. Basic knowledge of entomology and edible insects</li> <li>4. Insect species is authorised as novel foods: Acheta domesticus, Gryllodes sigillatus, Locusta migratoria, Schistocerca gregaria, Tenebrio molitor, Alphitobius diaperinus, Zophobas atratus, Galleria mellonella, Achroia grisella, Bombyx mori.</li> <li>5. Potential new insect species under evaluations as novel foods.</li> <li>6. Insects as a new source of bioactive compounds.</li> <li>7. Source and production of novel food, practical considerations.</li> <li>8. Actual and future trend of insects as novel food in European countries.</li> <li>9. Novel foods from animals, cell or tissue cultures.</li> <li>10. Novel foods from plants microorganisms, fungi, algae.</li> <li>11. Novel foods through new production processes.</li> <li>12. Novel Foods through new or modified molecular structure.</li> <li>13. EFSA responsibility for risk assessment.</li> <li>14. Health and legislation aspects.</li> <li>15. Lab activity: Introduction to insect morphology, physiology and classification.</li> <li>16. Lab activity: Extraction, physicochemical characterization of nutrients and bioactive molecules in edible insects.</li> </ol>
<b>Teaching Format</b>	<p>This is a lecture-lab course in which topics are presented by the</p>

	professors and the teaching assistant. Practical parts, lab activities, and excursions are explained by the professors and the teaching assistant. Generally, Power Point presentations are available in the course reserve collection database of the Faculty one day after each single lecture. Additional material will be provided by the professors. Lecture attendance is strongly encouraged.
<b>Required Readings</b>	Teaching material in the course reserve collection and additional material provided by the professors, assigned scientific papers.
<b>Supplementary Readings</b>	<p>Grasso S and Bordiga M. (Eds). 2023. <i>Edible insects processing for food and feed from startups to mass production</i>. CRC Press.</p> <p>Sogari G, Mora C, and Menozzi D (Eds.). 2019. <i>Edible insects in the food sector: methods, current applications and perspectives</i>. Springer.</p> <p>van Huis A and Tomberlin JK. 2017. <i>Insects as food and feed: from production to consumption</i>. Wageningen Academic Publishers.</p> <p>FAO. 2013. <i>Edible insects: future prospects for food and feed security</i>.</p> <p>Journal of Insects as Food and Feed</p> <p>Regulation (EU) 2015/2283 of the European Parliament and of the Council of 25 November 2015 on novel foods, amending Regulation (EU) No 1169/2011 of the European Parliament and of the Council and repealing Regulation (EC) No 258/97 of the European Parliament and of the Council and Commission Regulation (EC) No 1852/2001</p> <p>Guidance on the preparation and presentation of an application for authorisation of a novel food in the context of Regulation (EU) 2015/2283. EFSA Journal 2016;14(11):4594, 24 pp.doi:10.2903/j.efsa.2016.4594</p> <p>Ermolaos Ververis et. al. Novel foods in the European Union: Scientific requirements and challenges of the risk assessment process by the European Food Safety Authority. Food Research International 137, Nov. 2020, 109515 <a href="https://www.sciencedirect.com/science/article/pii/S0963996920305408">https://www.sciencedirect.com/science/article/pii/S0963996920305408</a></p>

## Course Module

<b>Course Constituent Title</b>	Innovative Food Technologies
<b>Course Code</b>	44760B



<b>Scientific-Disciplinary Sector</b>	AGRI-07/A
<b>Language</b>	English
<b>Lecturers</b>	Prof. Giovanna Ferrentino, Giovanna.Ferrentino@unibz.it <a href="https://www.unibz.it/en/faculties/agricultural-environmental-food-sciences/academic-staff/person/36045">https://www.unibz.it/en/faculties/agricultural-environmental-food-sciences/academic-staff/person/36045</a>
<b>Teaching Assistant</b>	
<b>Semester</b>	First semester
<b>CP</b>	6
<b>Responsible Lecturer</b>	
<b>Teaching Hours</b>	36
<b>Lab Hours</b>	24
<b>Individual Study Hours</b>	90
<b>Planned Office Hours</b>	18
<b>Contents Summary</b>	<p>The course aims to provide knowledge and understanding of the basic principles, effects and main applications of the innovative technologies in the field of food industry. Moreover, the course will provide information on the qualitative aspects and stability of food products obtained using the innovative technologies.</p> <p>The followed approach is both descriptive and quantitative. The description of the physical, chemical and / or biological changes induced to the food during a treatment is intended to assess the impact that the process has on the quality of the final products. The quantitative approach provides the tools for choosing the innovative process that tends to minimize the deleterious effects on food. For some of the proposed innovative processes, laboratory activities are planned with the aim of showing the plants and the effects on the treated food.</p>
<b>Course Topics</b>	<ol style="list-style-type: none"> <li>1. Fundamentals <ul style="list-style-type: none"> <li>- Definitions and objectives of innovative technologies in food processing</li> <li>- Application of mass and energy balances to food processes</li> </ul> </li> <li>2. Extraction and Recovery <ul style="list-style-type: none"> <li>- Innovative technologies for the extraction of food components</li> </ul> </li> <li>3. Stabilization and Preservation</li> </ol>

	<p>- Innovative technologies for the pasteurization of food products</p> <p>4. Drying and Dehydration</p> <p>- Innovative technologies for the drying of food products</p>
<b>Teaching Format</b>	<p>The course combines frontal lectures with laboratory sessions. During lectures, theoretical aspects are presented and reinforced through exercises and practical examples. Teaching is supported by advanced methodologies, including case studies, and by the use of up-to-date tools such as PowerPoint slides, scientific publications, articles from the food sector, and multimedia resources (e.g., videos).</p> <p>Laboratory activities are designed to provide hands-on experience, allowing students to apply and consolidate the knowledge acquired during lectures through practical demonstrations and experiments.</p>
<b>Required Readings</b>	<ul style="list-style-type: none"> <li>• Slides, keynotes and scientific papers provided by the lecturers</li> <li>• Emerging Technologies for Food Processing. Edited by: Da-Wen Sun</li> <li>• Supercritical Fluid Extraction: Principles and Practice. Edited by: Mark A. McHugh, Val J. Krukonis</li> <li>• Innovative Food Processing Technologies. Edited by: Kai Knoerzer and Kasiviswanathan Muthukumarappan</li> </ul>
<b>Supplementary Readings</b>	<p>None.</p>