

Syllabus

Descrizione corso

Titolo insegnamento	Lavoro di educazione sessuale nella scuola d'infanzia e primaria
	(VL)
Codice insegnamento	12481
Titolo aggiuntivo	
Settore Scientifico- Disciplinare	M-PED/03
Lingua	Tedesco
Corso di Studio	Corso di laurea magistrale a ciclo unico in Scienze della Formazione primaria - sezione in lingua tedesca
Altri Corsi di Studio (mutuati)	LM-85 bis Education Italian section LM-85 bis Education Ladin section
Docenti	Mag. rer. nat Oliver Sparber, Oliver.Sparber@unibz.it https://www.unibz.it/en/faculties/education/academic- staff/person/52816
Assistente	
Semestre	Primo semestre
Anno/i di corso	All
CFU	2
Ore didattica frontale	0
Ore di laboratorio	20
Ore di studio individuale	30
Ore di ricevimento previste	6
Sintesi contenuti	Insight into holistic sexual education in primary education with reference to the framework guidelines
Argomenti dell'insegnamento	 Sexual education in the framework guidelines Definitions: Sex education, sexual pedagogy, sexual education Brief history of sexuality and its "education" Holistic sex education work in kindergarten and primary school Childhood sexuality



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	- Sexual socialisation in childhood
	- Parental work
	- Key topics of sexual education in primary schools
	- Reflecting on your own attitude to the topic
	Dealing with children's questions about sexualitySexuality and culture
	- Support measures for educational professionals and teachers
	- Development of educational and teaching units on sexual
	education content
Parole chiave	Sexual education, Childhood, Primary School, Kindergarten
Prerequisiti	Sexual education, ermanosa, rimary series, randergarten
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Insegnamenti propedeutici	
Modalità di insegnamento	The optional course takes place remotely.
	Lecture, discussion, individual and group work, exercises,
	reflection, presentations
Obbligo di frequenza	In accordance with the regulation
Obiettivi formativi specifici e	- Sensitisation of the participants for the developmental guidance
risultati di apprendimento	and support of kindergarten and primary school children
attesi	- Practice-orientated preparation of the participants
	- Topic-specific method training
	Expected learning outcomes and competences:
	Knowledge and understanding
	- Students learn about the possibilities and necessity, but also the
	limits of sexual education in kindergarten and primary school
	- They learn about topics and methods for implementing sexual
	education in kindergarten and primary school.
	Applying knowledge and understanding
	Applying knowledge and understanding - Students analyse their own attitudes and individual approaches to
	the topic of sexual education. They also reflect on their own
	limitations and fears when dealing with this topic.
	- Independent planning and realisation of a thematic educational
	unit for kindergarten or primary school
	Judgement
	- Students are made aware of sexual education so that they are
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	able to analyse situations objectively and act appropriately when working with children and parents. - Be able to assess the educational units independently developed and presented in the elective subject with regard to educational processes and child development Communication - A key objective is to enable students to help organise and conduct open and constructive discussions on the topic of sexual education in primary education. - Reflection and discussion on the importance of sexual education in primary education
	Learning strategies - Interactive engagement with the topic. - Participate in the discussion/reflection on the exercises and methods presented and tested in the elective subject - Reflect on their own attitude to the topic - Deepening and developing the subject content - Being able to plan and implement holistic programmes on the topic for different age groups
Obiettivi formativi specifici e risultati di apprendimento attesi (ulteriori info.)	
Modalità di esame	Written examination
Criteri di valutazione	Completeness and appropriateness of content, technical correctness, logical structure, critical reflection, correct use of technical language.
Bibliografia obbligatoria	Theory overview: - Einführung in die Sexualpädagogik und sexuelle Bildung: Basisbuch für Studium und Weiterbildung / Heinz-Jurgen Voß (2022) Kohlhammer - Kindliche Sexualität in Kindertageseinrichtungen: Pädagogische, psychologische, soziologische und rechtliche Zugänge / Oliver Bienia and Sylvia Kägi (2021) Beltz Kinder liebevoll begleiten, Alter 1 - 6 (BIÖG 2025) https://shop.bioeg.de/pdf/13660500.pdf (Zugriff 09/2025)

	Practical guides: - Sexualerziehung in Kitas. Die Entwicklung einer positiven Sexualität begleiten und fördern / Silke Hubrig (2014) Beltz - Praxishilfen zur Sexualerziehung in der Grundschule / Anette Weber (2024) Verlag an der Ruhr
Bibliografia facoltativa	Optional resources on the net: - Sexual education in kindergarten and daycare centres: https://www.bildungsserver.de/elementarbildung/praxishilfen- sexualerziehung-2662-de.html - Sexual education - worksheets and other teaching materials for sex education, 1st - 8th grade: https://www.bildungsserver.de/schule/sexualerziehung-790-en.html
	Materials for children aged 6-12 (year 2013, Vienna): https://selbstlaut.org/wp- content/uploads/Selbstlaut_Broschuere_Ganz_schoen_intim_korr20200301.pd
	Prevention programme against sexualised violence against children and young people aged between 4 and 16 from Switzerland: yearshttps://www.kinderschutz.ch/angebote/herunterladen-bestellen/flyer-mein-koerper-gehoert-mir
Altre informazioni	
Obiettivi di Sviluppo Sostenibile (SDGs)	Istruzione di qualità