Syllabus

Course Description

Course Title	Sex education in kindergarten and primary school (VL)
Course Code	12481
Course Title Additional	
Scientific-Disciplinary Sector	PAED-02/A
Language	German
Degree Course	5 year master degree in Primary Education - German section
Other Degree Courses (Loaned)	LM-85 bis Education Italian section LM-85 bis Education Ladin section
Lecturers	Mag. rer. nat Oliver Sparber, Oliver.Sparber@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/52816
Teaching Assistant	
Semester	First semester
Course Year/s	All
CP	2
Teaching Hours	0
Lab Hours	20
Individual Study Hours	30
Planned Office Hours	6
Contents Summary	Insight into holistic sexual education in primary education with reference to the framework guidelines
Course Topics	- Sexual education in the framework guidelines - Definitions: Sex education, sexual pedagogy, sexual education - Brief history of sexuality and its "education" - Holistic sex education work in kindergarten and primary school - Childhood sexuality - Sexual socialisation in childhood - Parental work - Key topics of sexual education in primary schools

	- Reflecting on your own attitude to the topic - Dealing with children's questions about sexuality - Sexuality and culture - Support measures for educational professionals and teachers - Development of educational and teaching units on sexual education content
Keywords	Sexual education, Childhood, Primary School, Kindergarten
Recommended Prerequisites	
Propaedeutic Courses	
Teaching Format	The optional course takes place remotely. Lecture, discussion, individual and group work, exercises, reflection, presentations
Mandatory Attendance	In accordance with the regulation
Specific Educational Objectives and Learning Outcomes	- Sensitisation of the participants for the developmental guidance and support of kindergarten and primary school children - Practice-orientated preparation of the participants - Topic-specific method training Expected learning outcomes and competences: Knowledge and understanding - Students learn about the possibilities and necessity, but also the limits of sexual education in kindergarten and primary school - They learn about topics and methods for implementing sexual education in kindergarten and primary school. Applying knowledge and understanding - Students analyse their own attitudes and individual approaches to the topic of sexual education. They also reflect on their own limitations and fears when dealing with this topic. - Independent planning and realisation of a thematic educational unit for kindergarten or primary school Judgement - Students are made aware of sexual education so that they are able to analyse situations objectively and act appropriately when working with children and parents. - Be able to assess the educational units independently developed

	and presented in the elective subject with regard to educational processes and child development Communication - A key objective is to enable students to help organise and conduct open and constructive discussions on the topic of sexual education in primary education. - Reflection and discussion on the importance of sexual education in primary education Learning strategies - Interactive engagement with the topic. - Participate in the discussion/reflection on the exercises and methods presented and tested in the elective subject - Reflect on their own attitude to the topic - Deepening and developing the subject content - Being able to plan and implement holistic programmes on the topic for different age groups
Specific Educational Objectives and Learning Outcomes (additional info.)	
Assessment	Written examination
Evaluation Criteria	Completeness and appropriateness of content, technical correctness, logical structure, critical reflection, correct use of technical language.
Required Readings	Theory overview: - Einführung in die Sexualpädagogik und sexuelle Bildung: Basisbuch für Studium und Weiterbildung / Heinz-Ju¨rgen Voß (2022) Kohlhammer - Kindliche Sexualität in Kindertageseinrichtungen: Pädagogische, psychologische, soziologische und rechtliche Zugänge / Oliver Bienia and Sylvia Kägi (2021) Beltz Kinder liebevoll begleiten, Alter 1 - 6 (BIÖG 2025) https://shop.bioeg.de/pdf/13660500.pdf (Zugriff 09/2025) Practical guides:

	- Sexualerziehung in Kitas. Die Entwicklung einer positiven Sexualität begleiten und fördern / Silke Hubrig (2014) Beltz - Praxishilfen zur Sexualerziehung in der Grundschule / Anette Weber (2024) Verlag an der Ruhr
Supplementary Readings	Optional resources on the net: - Sexual education in kindergarten and daycare centres: https://www.bildungsserver.de/elementarbildung/praxishilfen-sexualerziehung-2662-de.html - Sexual education - worksheets and other teaching materials for sex education, 1st - 8th grade: https://www.bildungsserver.de/schule/sexualerziehung-790-en.html Materials for children aged 6-12 (year 2013, Vienna): https://selbstlaut.org/wp-content/uploads/Selbstlaut_Broschuere_Ganz_schoen_intim_korr20200301.pdf Prevention programme against sexualised violence against children and young people aged between 4 and 16 from Switzerland: yearshttps://www.kinderschutz.ch/angebote/herunterladen-bestellen/flyer-mein-koerper-gehoert-mir
Further Information	
Sustainable Development Goals (SDGs)	Quality education