Syllabus

Course Description

Course Title	General Psychology for Social Work
Course Code	51123
Course Title Additional	
Scientific-Disciplinary Sector	PSIC-01/A
Language	Italian
Degree Course	Bachelor in Social Work
Other Degree Courses (Loaned)	
Lecturers	Prof. Demis Basso, demis.basso@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/30397
Teaching Assistant	
Semester	Second semester
Course Year/s	1
CP	6
Teaching Hours	24
Lab Hours	20
Individual Study Hours	106
Planned Office Hours	18
Contents Summary	See the individual course modules
Course Topics	- Introduction to General Psychology; - sensation and perception; - attention, consciousness and awareness; - learning and memory; - communication and language; - emotions and motivation; - decision making, problem solving.
Keywords	Psychology; cognitive processes; behaviour; personal development.
Recommended Prerequisites	

Propaedeutic Courses	
Teaching Format	Interactive lecture & laboratory with experiential activities
Mandatory Attendance	In accordance with the regulation
Specific Educational Objectives and Learning Outcomes	Knowledge and understanding Students will demonstrate familiarity with the most important concepts, theoretical perspectives, scientific findings and recent trends in general psychology. They are expected to improve their understanding of behaviour, its biological, emotional and cognitive components and effects. In the Laboratory, students will be introduced to the 10 life skills as indicated and supported by the WHO. Applied knowledge and understanding Students will develop insight into their own and others' behaviours and mental processes, and will be able to apply effective strategies for self-management and development. They are expected to apply psychological theories, concepts and methods to contemporary problems, using this knowledge in their own lives and work to solve practical situations and problems. In the Lab: The 10 life skills are applied skills, so the entire lab will cover this indicator. Autonomy of judgement Students will be strongly encouraged to consider and use critical and creative thinking, to be curious but scientifically skeptical and, when possible, to recognise valid versus invalid approaches and findings. In the Lab: The life skills "Self-Awareness" and "Critical Thinking" cover this descriptor. Communication skills Students will be able to communicate adequately on psychological content and topics, without being carried away by flights of fancy. Furthermore, they are expected to improve their communication strategies, particularly with regard to non-verbal communication. In the Lab: The life skills "Interpersonal Relationship Skills" and "Effective Communication" cover this descriptor. Ability to learn

	Once they understand how the cognitive system works (and that it rarely works as it is described through common sense), students will be able to choose and use the best learning method and thus improve their study skills. Not only that, but such solid information will make them differentiate themselves from other professionals with whom they collaborate, enabling them to be more effective and acknowledged. Since the lab focuses on skill acquisition, the "learning-by-doing" paradigm means that the ability to learn will depend on the skills improved during the lab activities.
Specific Educational Objectives and Learning Outcomes (additional info.)	
Assessment	Students can choose whether to take the examination in written form (2.1) or oral form (2.2). 2.1- The written examination consists of five questions to be answered in a maximum of 6-7 lines. For each question, the number indicated in brackets represents the range of points available (N): for a sufficient answer = 0 points; for very good, rich and complete answers = N points; no answer or totally wrong answer = -N points. Starting from 18, the mark will be calculated by adding (or subtracting) all the points awarded for the answers. 2.2- The oral examination consists of a 30-40 minute interview: a general question will introduce a topic, and subsequent questions/comments will continue to explore pragmatic competence (based on theoretical knowledge) to solve plausible problem situations, also referring to situations described in the Lab.
Evaluation Criteria	I will assess students' performance, their "ability to respond to situations/events". It means, in practice, that they will not need to learn lists or names by heart (you can always find them in any textbook). Instead, they will have to demonstrate that they can find an optimal perspective on how to 1. follow a correct course of action in order to get an adequate response to the aims (60%), 2. motivate and elaborate their decision, consistent with their personal style and their scientific knowledge, including the practical ones obtained in the Lab (40%). For such an examination, these are useful skills: ability to argue, to make broad connections between contents; ability to critically analyse and reflect on theories and models, their application and to

	be able to criticize them; ability to create timely answers about a topic (without forewords, digressions or deviations).
Required Readings	1- Magro T., Muffolini E. (2011). Fondamenti di Psicologia Generale - vol. 1 - Milano, LED Edizioni (new edition). 2- Slides and lecture notes.
Supplementary Readings	
Further Information	
Sustainable Development Goals (SDGs)	Quality education, Good health and well-being

Course Module

Course Constituent Title	General Psychology
Course Code	51123A
Scientific-Disciplinary Sector	PSIC-01/A
Language	Italian
Lecturers	Prof. Demis Basso, demis.basso@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/30397
Teaching Assistant	
Semester	Second semester
CP	4
Responsible Lecturer	
Teaching Hours	24
Lab Hours	0
Individual Study Hours	76
Planned Office Hours	12
Contents Summary	The course will provide an overview of psychological knowledge relating to cognitive processes relevant to those working in the social field. Students will be encouraged to ask questions, criticize, and compare the topics discussed in the lectures with their own experience
Course Topics	The cognitive processes shown in the general program.

Teaching Format	Interactive frontal lectures
Required Readings	1- Magro T., Muffolini E. (2011). Fondamenti di Psicologia Generale - vol. 1 - Milano, LED Edizioni (new edition). 2- Slides and lecture notes.
Supplementary Readings	

Course Module

Course Constituent Title	Life Skills (LAB)
Course Code	51123B
Scientific-Disciplinary Sector	PSIC-01/A
Language	Italian
Lecturers	Prof. Demis Basso, demis.basso@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/30397
Teaching Assistant	
Semester	Second semester
CP	2
Responsible Lecturer	
Teaching Hours	0
Lab Hours	20
Individual Study Hours	30
Planned Office Hours	6
Contents Summary	The laboratory will broaden this knowledge by exploring, through experiential activities, the cognitive processes included in the WHO's Life-skills.
Course Topics	The 10 WHO's Life-skills
Teaching Format	Experiential activities
Required Readings	No readings
Supplementary Readings	