Syllabus

Course Description

Course Title	Outdoor Education (lab.)
Course Code	12556
Course Title Additional	
Scientific-Disciplinary Sector	PAED-02/A
Language	Italian
Degree Course	5 year master degree in Primary Education - Italian section
Other Degree Courses (Loaned)	LM-85 bis Education German section LM-85 bis Education Ladin section
Lecturers	
Teaching Assistant	
Semester	Second semester
Course Year/s	All
CP	2
Teaching Hours	0
Lab Hours	20
Individual Study Hours	30
Planned Office Hours	6
Contents Summary	The optional Outdoor Education course aims to develop knowledge and skills around an educational approach based on direct experience in the natural and/or urban context of the school. Students will be confronted with active and inclusive methodologies to stimulate learning through play, exploration and relationship with the environment. Practical and theoretical tools for designing outdoor educational activities will be presented and discussed.
Course Topics	Theoretical foundations of Outdoor Education: origins, models, and research on the educational benefits of outdoor learning Experiential learning, active methodologies, sensory education, and embodiment Natural and urban environments as settings and resources for

	inclusive education School-local territory connection Sustainability and transdisciplinarity Designing, planning, and assessing outdoor activities for personal, social, and relational development
Keywords	Experiential learning, natural and urban settings, inclusion, educational planning
Recommended Prerequisites	
Propaedeutic Courses	
Teaching Format	The course uses various teaching methods such as experiential learning, cooperative work, field-based outdoor learning, short theoretical inputs, and guided co-design.
Mandatory Attendance	In accordance with the regulation
Specific Educational Objectives and Learning Outcomes	
Specific Educational Objectives and Learning Outcomes (additional info.)	
Assessment	The final assessment consists of a didactic project for an outdoor activity applicable to the chosen educational context.
Evaluation Criteria	Clarity and feasibility of the project; coherence with the principles of Outdoor Education; creativity and adaptability to the school context; ability to connect experience and theory originality and care in documentation.
Required Readings	Farné, R., Bortolotti, A., & Terrusi, M. (2018). *Outdoor education prospettive teoriche e buone pratiche*. Carocci editore. Guerra, M. (2020). *Nel mondo. Pagine per un'educazione aperta e all'aperto*. FrancoAngeli. Zadra, C. (2022). *Pedagogia dei luoghi ed esperienze educative estese*. Guida.
Supplementary Readings	Au, J. von. (2025). *Lehrbuch Draußenschulpädagogik: Band 1: Grundlagen*(1. Aufl.). Beltz Juventa. Rosa, H., Endres, W., & Au, J. von. (2025). *Resonanzpädagogik in der freien Natur: Draußen lernen - Horizont erweitern* (1. Aufl.).

	Beltz Verlagsgruppe.
Further Information	During the course, materials and articles will be provided, also selected according to the specific interests of the participants.
Sustainable Development Goals (SDGs)	Good health and well-being, Climate action, Sustainable cities and communities, Quality education