

Syllabus

Course Description

| Course Title | Outdoor Education (lab.) |
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| Course Code | 12556 |
| Course Title Additional | |
| Scientific-Disciplinary Sector | M-PED/03 |
| Language | Italian |
| Degree Course | 5 year master degree in Primary Education - Italian section |
| Other Degree Courses (Loaned) | LM-85 bis Education German section LM-85 bis Education Ladin section |
| Lecturers | dr. Cinzia Zadra, Cinzia.Zadra@unibz.it https://www.unibz.it/en/faculties/education/academic- staff/person/32785 |
| Teaching Assistant | |
| Semester | Second semester |
| Course Year/s | All |
| СР | 2 |
| Teaching Hours | 0 |
| Lab Hours | 20 |
| Individual Study Hours | 30 |
| Planned Office Hours | 6 |
| Contents Summary | The optional Outdoor Education course aims to develop knowledge and skills around an educational approach based on direct experience in the natural and/or urban context of the school. Students will be confronted with active and inclusive methodologies to stimulate learning through play, exploration and relationship with the environment. Practical and theoretical tools for designing outdoor educational activities will be presented and discussed. |
| Course Topics | Theoretical foundations of Outdoor Education: origins, models, and research on the educational benefits of outdoor learning |

| embodiment Natural and urban environments as settings and resources for inclusive education School-local territory connection Sustainability and transdisciplinarity Designing, planning, and assessing outdoor activities for personal, social, and relational development Keywords Experiential learning, natural and urban settings, inclusion, educational planning Recommended Prerequisites Propaedeutic Courses Teaching Format The course uses various teaching methods such as experiential learning, cooperative work, field-based outdoor learning, short theoretical inputs, and guided co-design. Mandatory Attendance In accordance with the regulation Specific Educational Objectives and Learning Outcomes Specific Educational Objectives and Learning Outcomes (additional info.) Assessment The final assessment consists of a didactic project for an outdoor activity applicable to the chosen educational context. Evaluation Criteria Clarity and feasibility of the project; coherence with the principles of Outdoor Education; creativity and adaptability to the school context; ability to connect experience and theory originality and care in documentation. Required Readings Farné, R., Bortolotti, A., & Terrusi, M. (2018). Outdoor education prospetitive teoriche e buone pratiche. Carocci editore. Guerra, M. (2020). Nel mondo. Pagine per un'educazione aperta e all'aperto. FrancoAngeli. Zadra, C. (2022). Pedagogia dei luoghi ed esperienze educative estese. Guida. | | |
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| | Grundlagen(1. Aufl.). Beltz Juventa. Rosa, H., Endres, W., & Au, J. von. (2025). Resonanzpädagogik in der freien Natur: Draußen lernen - Horizont erweitern (1. Aufl.). Beltz Verlagsgruppe. |
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| Further Information | During the course, materials and articles will be provided, also selected according to the specific interests of the participants. |
| Sustainable Development Goals (SDGs) | Good health and well-being, Climate action, Sustainable cities and communities, Quality education |