

Syllabus

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Titul dl curs	Pedagogia e didattica del movimento 1 - Fondamenti
Codesc dl curs	12412
Titul suplementar	
SSD	MEDF-01/A
Lingaz	Tedesco
Curs de laurea	Corso di laurea magistrale a ciclo unico in Scienze della Formazione primaria - sezione in lingua tedesca
D'autri cursc de laurea (cursc deberieda)	LM-85 bis Education Ladin section
Dozenc	prof. dr. Benjamin Niederkofler, Benjamin.Niederkofler@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/47451 dr. phil. Adriana Pilar Zaragoza Mulas, AdrianaPilar.ZaragozaMulas@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/49870
Assistent didatich	
Semester	Secondo semestre
Ann/Agn de stude	2.
Credic universitars	5
Ores de insegnament	30
Ores de laboratorio	20
Ores de stude individual	75
Ores de riceviment prevedudes	15
Ressumè di contegnus	Based on general educational goals in kindergarten and primary school, the module is dedicated to the scientific and didactic foundations of the subject of movement and exercise.
Argomenc dl curs	This course offers in-depth insights into movement science, sports

	pedagogy, and sports psychology research. It also includes hands-on experiences in selected areas of movement domains, alongside the planning, execution, and evaluation of teaching strategies.
Paroles clef	Sport Science, Subject-Specific Didactics of Physical Education, Practice-Based Approach
Prerequisic aconsiés	
Cursc propedeutics	
Modalité de enseignament	Lecture with media support, work in small groups, dialogue with scientific texts; laboratory
Oblianza de frecuencia	In accordance with the regulation
Obietifs formatifs y competenzes da arjonje	On this basis, students should be able to - make professional and interdisciplinary decisions on exercise and sport in kindergarten and primary school and justify decisions in the context of education and training, the development, learning and socialisation of children; - reflect on their own sporting biographical experiences as well as their own school sporting experiences and make them useful for professional development; - plan and implement physical activity and sport units for formal (kindergarten, primary school) and informal occasions (e.g. leisure time, family) and evaluate them within the framework of educational goals. Expected learning outcomes and competences: Knowledge and understanding Students know and understand the sport science and sport didactic principles of the subject of physical activity and sport in kindergarten and primary school. Applying knowledge and understanding Students can select the topic, content and objectives when planning physical activity and sports units, organise the lessons methodically and justify them in terms of sports education. Judgement Students can analyse, reflect on and assess their own and observed movement and sports units on the basis of sports science and sport-didactic principles.

	Communication Students have the language skills required for the subject of movement and sport. They can verbalise their observations in movement and sport units and provide feedback to fellow students in a supportive manner. Learning strategies Acquisition and reflection of strategies for their own professional activities in kindergarten and primary school in movement and sport with the aim of expanding subject-related, professional competences. Acquisition of strategies for dealing with movement and sport-related readiness and personal sporting ability.
Obietifs formatifs y competenzes da arjonje (informazions suplementares)	
Sort de ejam	Final oral module examination taking into account the contents of the lecture and the written work (portfolio) from the laboratory. Written work (portfolio): Documentation of the learning outcomes from the laboratory (including planning a lesson with conditional and factual analysis for kindergarten / the first years of primary school). Oral examination: Checking knowledge and understanding of the contents of the lecture and laboratory.
Criters de valutazion	Assignment of a final assessment for the overall module based on the individual parts of the module examination. Assessment criteria: Completion of all laboratory coursework, understanding of lecture content, ability to critically reflect on one's own experiences and learning processes, and the capacity to connect knowledge gained in the laboratory with that from the lectures. In accordance with the examination regulations of the faculty, the assessment for each individual course belonging to the module must also be positive for a positive overall assessment of the module performance. In the case of a negative assessment of the overall module, any positively assessed module components may

	be credited during the next attempt at the module examination. However, please note that a negative assessment will still count toward the total number of examination attempts. According to the examination regulations, failing the module three times results in a suspension from taking the exam for three subsequent examination periods. (See also Article 6, Paragraph 4 of the current examination regulations.)
Bibliografia obigatoria	Baur, J., Bös, K., Conzelmann, A., & Singer, R. (eds.). (2009). <i>Handbuch motorische Entwicklung</i>. Schorndorf: Hofmann. Gabler, H., Nitsch, J. R., & Singer, R. (eds.). (2000). <i>Einführung in die Sportpsychologie. Teil 1: Grundthemen</i>. Schorndorf: Hoffmann. Güllich, A., & Krüger, M. (eds.). (2013). <i>Sport. Das Lehrbuch für das Sportstudium</i>. Heidelberg: Springer. Messmer, R. (ed.) (2013). <i>Fachdidaktik Sport</i>. Bern: UTP. Scheid, V., & Prohl, R. (2017). <i>Sportdidaktik. Grundlagen, Vermittlungsformen, Bewegungsfelder</i>. Wiebelsheim: Limpert.
Bibliografia aconsiada	The literature list will be provided by the respective lecturer of the course.
Deplù informaziuns	
OSS	Istruzione di qualità, Buona salute

Modul

Titul	Pedagogia e didattica del movimento: fondamenti teorico-metodologici
Codesc dl curs	12412A
SSD	MEDF-01/A
Lingaz	Tedesco
Dozenc	prof. dr. Benjamin Niederkofler, Benjamin.Niederkofler@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/47451
Assistent didatich	
Semester	Secondo semestre
Credic universitars	3

Dozent/a responsabel/bla	
Ores de ensegnament	30
Ores de labore	0
Ores de stude individual	45
Ores de riceviment prevedudes	9
Ressumè di contegnus	The importance of physical activity and sport for the education, development, learning and socialisation of children
Argomenc dl curs	- Educational foundations and objectives of early childhood and primary physical education - Didactics of planning and evaluation in physical activity and sport - Subject-specific teaching methods - Motor development - Components of physical performance - Motor and psychological aspects of learning in sport - Acquisition of knowledge, skills, and readiness related to movement, play, and sport
Modalité de ensegnament	Lecture with media support, work in small groups, dialogue with scientific texts
Bibliografia obligatora	Baur, J., Bös, K., Conzelmann, A., & Singer, R. (eds.). (2009). <i>Handbuch motorische Entwicklung</i>. Schorndorf: Hofmann. Gabler, H., Nitsch, J. R., & Singer, R. (eds.). (2000). <i>Einführung in die Sportpsychologie. Teil 1: Grundthemen</i>. Schorndorf: Hoffmann. Güllich, A., & Krüger, M. (eds.). (2013). <i>Sport. Das Lehrbuch für das Sportstudium</i>. Heidelberg: Springer. Messmer, R. (ed.) (2013). <i>Fachdidaktik Sport</i>. Bern: UTP. Scheid, V., & Prohl, R. (2017). <i>Sportdidaktik. Grundlagen, Vermittlungsformen, Bewegungsfelder</i>. Wiebelsheim: Limpert.
Bibliografia aconsiada	

Modul

Titul	Pedagogia e didattica del movimento: Didattica del movimento con particolare attenzione alla fascia di età (0)-2-7 (lab.)
Codesc dl curs	12412B
SSD	MEDF-01/A

Lingaz	Tedesco
Dozenc	prof. dr. Benjamin Niederkofler, Benjamin.Niederkofler@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/47451 dr. phil. Adriana Pilar Zaragoza Mulas, AdrianaPilar.ZaragozaMulas@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/49870
Assistent didatich	
Semester	Secondo semestre
Credic universitars	2
Dozent/a responsabel/bla	
Ores de ensegnament	0
Ores de laboratore	20 Gruppe 1 und 2: Prof. Dr. Benjamin Niederkofler Gruppe 3 und 4: Dr. phil. Adriana Pilar Zaragoza Mulas
Ores de stude individual	30
Ores de riceviment prevedudes	6
Ressumè di contegnus	Discussion of scientific and practice-related texts; planning, implementation and evaluation of individual movement and sport units in small groups and in individual work; discussion of own movement and sport-related readiness and sporting ability.
Argomenc dl curs	- Planning, realisation and evaluation of physical education lessons - Subject-specific methodological practice - Experiencing educational perspectives in physical education (including e.g. health, cooperation, creativity, body awareness, risk-taking, and performance) - Exploring movement domains (e.g. playing, moving on and with equipment, gymnastic/rhythmic and dance-based movement, running/jumping/throwing, moving in water, cycling/skating/gliding, partner-based combat activities, and fitness training) - Hands-on exploration and acquisition of movement abilities/skills - Teaching and fostering subject-specific skills, abilities and competences in early childhood and primary education

Modalité de enseignement	Laboratorium, student contributions, flipped classroom
Bibliografia obligatoria	Messmer, R. (ed.) (2013). <i>Fachdidaktik Sport</i>. Bern: UTP. Scheid, V., & Prohl, R. (2017). <i>Sportdidaktik. Grundlagen, Vermittlungsformen, Bewegungsfelder</i>. Wiebelsheim: Limpert. Zaragoza Mulas Adriana Pilar: Dincher, A. (2020). <i>Einfach Sport: Gleiten, Rollen, Fahren: Kreativ, kompetenzorientiert und sicher</i>. AOL. Dincher, A. (2021). <i>Einfach Sport: Bewegen an Geräten: Kreativ, kompetenzorientiert und sicher</i>. AOL. Dincher, A. (2021). <i>Einfach Sport: Darstellen, Gestalten, Tanzen: Kreativ, kompetenzorientiert und sicher</i>. AOL. Dincher, A. (2021). <i>Einfach Sport: Laufen, Springen, Werfen: Kreativ, kompetenzorientiert und sicher</i>. AOL. Dincher, A. (2021). <i>Einfach Sport: Ringen, Raufen, Kämpfen: Kreativ, kompetenzorientiert und sicher</i>. AOL. Dincher, A. (2022). <i>Einfach Sport: Spielen: Kreativ, kompetenzorientiert und sicher</i>. AOL.
Bibliografia aconsiada	