

Syllabus

Descrizione corso

Titolo insegnamento	Pedagogia e didattica del movimento 1 - Fondamenti
Codice insegnamento	12412
Titolo aggiuntivo	
Settore Scientifico-Disciplinare	MEDF-01/A
Lingua	Tedesco
Corso di Studio	Corso di laurea magistrale a ciclo unico in Scienze della Formazione primaria - sezione in lingua tedesca
Altri Corsi di Studio (mutuati)	LM-85 bis Education Ladin section
Docenti	prof. dr. Benjamin Niederkofler, Benjamin.Niederkofler@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/47451 dr. phil. Adriana Pilar Zaragoza Mulas, AdrianaPilar.ZaragozaMulas@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/49870
Assistente	
Semestre	Secondo semestre
Anno/i di corso	2.
CFU	5
Ore didattica frontale	30
Ore di laboratorio	20
Ore di studio individuale	75
Ore di ricevimento previste	15
Sintesi contenuti	Based on general educational goals in kindergarten and primary school, the module is dedicated to the scientific and didactic foundations of the subject of movement and exercise.
Argomenti	This course offers in-depth insights into movement science, sports

dell'insegnamento	pedagogy, and sports psychology research. It also includes hands-on experiences in selected areas of movement domains, alongside the planning, execution, and evaluation of teaching strategies.
Parole chiave	Sport Science, Subject-Specific Didactics of Physical Education, Practice-Based Approach
Prerequisiti	
Insegnamenti propedeutici	
Modalità di insegnamento	Lecture with media support, work in small groups, dialogue with scientific texts; laboratory
Obbligo di frequenza	In accordance with the regulation
Obiettivi formativi specifici e risultati di apprendimento attesi	On this basis, students should be able to - make professional and interdisciplinary decisions on exercise and sport in kindergarten and primary school and justify decisions in the context of education and training, the development, learning and socialisation of children; - reflect on their own sporting biographical experiences as well as their own school sporting experiences and make them useful for professional development; - plan and implement physical activity and sport units for formal (kindergarten, primary school) and informal occasions (e.g. leisure time, family) and evaluate them within the framework of educational goals. Expected learning outcomes and competences: Knowledge and understanding Students know and understand the sport science and sport didactic principles of the subject of physical activity and sport in kindergarten and primary school. Applying knowledge and understanding Students can select the topic, content and objectives when planning physical activity and sports units, organise the lessons methodically and justify them in terms of sports education. Judgement Students can analyse, reflect on and assess their own and observed movement and sports units on the basis of sports science and sport-didactic principles.

	Communication Students have the language skills required for the subject of movement and sport. They can verbalise their observations in movement and sport units and provide feedback to fellow students in a supportive manner. Learning strategies Acquisition and reflection of strategies for their own professional activities in kindergarten and primary school in movement and sport with the aim of expanding subject-related, professional competences. Acquisition of strategies for dealing with movement and sport-related readiness and personal sporting ability.
Obiettivi formativi specifici e risultati di apprendimento attesi (ulteriori info.)	
Modalità di esame	Final oral module examination taking into account the contents of the lecture and the written work (portfolio) from the laboratory. Written work (portfolio): Documentation of the learning outcomes from the laboratory (including planning a lesson with conditional and factual analysis for kindergarten / the first years of primary school). Oral examination: Checking knowledge and understanding of the contents of the lecture and laboratory.
Criteri di valutazione	Assignment of a final assessment for the overall module based on the individual parts of the module examination. Assessment criteria: Completion of all laboratory coursework, understanding of lecture content, ability to critically reflect on one's own experiences and learning processes, and the capacity to connect knowledge gained in the laboratory with that from the lectures. In accordance with the examination regulations of the faculty, the assessment for each individual course belonging to the module must also be positive for a positive overall assessment of the module performance. In the case of a negative assessment of the overall module, any positively assessed module components may be credited during the next attempt at the module examination.

	However, please note that a negative assessment will still count toward the total number of examination attempts. According to the examination regulations, failing the module three times results in a suspension from taking the exam for three subsequent examination periods. (See also Article 6, Paragraph 4 of the current examination regulations.)
Bibliografia obbligatoria	Baur, J., Bös, K., Conzelmann, A., & Singer, R. (eds.). (2009). <i>Handbuch motorische Entwicklung</i>. Schorndorf: Hofmann. Gabler, H., Nitsch, J. R., & Singer, R. (eds.). (2000). <i>Einführung in die Sportpsychologie. Teil 1: Grundthemen</i>. Schorndorf: Hoffmann. Güllich, A., & Krüger, M. (eds.). (2013). <i>Sport. Das Lehrbuch für das Sportstudium</i>. Heidelberg: Springer. Messmer, R. (ed.) (2013). <i>Fachdidaktik Sport</i>. Bern: UTP. Scheid, V., & Prohl, R. (2017). <i>Sportdidaktik. Grundlagen, Vermittlungsformen, Bewegungsfelder</i>. Wiebelsheim: Limpert.
Bibliografia facoltativa	The literature list will be provided by the respective lecturer of the course.
Altre informazioni	
Obiettivi di Sviluppo Sostenibile (SDGs)	Istruzione di qualità, Buona salute

Modulo del corso

Titolo della parte costituente del corso	Pedagogia e didattica del movimento: fondamenti teorico-metodologici
Codice insegnamento	12412A
Settore Scientifico-Disciplinare	MEDF-01/A
Lingua	Tedesco
Docenti	prof. dr. Benjamin Niederkofler, Benjamin.Niederkofler@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/47451
Assistente	
Semestre	Secondo semestre

CFU	3
Docente responsabile	
Ore didattica frontale	30
Ore di laboratorio	0
Ore di studio individuale	45
Ore di ricevimento previste	9
Sintesi contenuti	The importance of physical activity and sport for the education, development, learning and socialisation of children
Argomenti dell'insegnamento	- Educational foundations and objectives of early childhood and primary physical education - Didactics of planning and evaluation in physical activity and sport - Subject-specific teaching methods - Motor development - Components of physical performance - Motor and psychological aspects of learning in sport - Acquisition of knowledge, skills, and readiness related to movement, play, and sport
Modalità di insegnamento	Lecture with media support, work in small groups, dialogue with scientific texts
Bibliografia obbligatoria	Baur, J., Bös, K., Conzelmann, A., & Singer, R. (eds.). (2009). <i>Handbuch motorische Entwicklung</i>. Schorndorf: Hofmann. Gabler, H., Nitsch, J. R., & Singer, R. (eds.). (2000). <i>Einführung in die Sportpsychologie. Teil 1: Grundthemen</i>. Schorndorf: Hoffmann. Güllich, A., & Krüger, M. (eds.). (2013). <i>Sport. Das Lehrbuch für das Sportstudium</i>. Heidelberg: Springer. Messmer, R. (ed.) (2013). <i>Fachdidaktik Sport</i>. Bern: UTP. Scheid, V., & Prohl, R. (2017). <i>Sportdidaktik. Grundlagen, Vermittlungsformen, Bewegungsfelder</i>. Wiebelsheim: Limpert.
Bibliografia facoltativa	

Modulo del corso

Titolo della parte costituente del corso	Pedagogia e didattica del movimento: Didattica del movimento con particolare attenzione alla fascia di età (0)-2-7 (lab.)
Codice insegnamento	12412B
Settore Scientifico-	MEDF-01/A

Disciplinare	
Lingua	Tedesco
Docenti	prof. dr. Benjamin Niederkofler, Benjamin.Niederkofler@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/47451 dr. phil. Adriana Pilar Zaragoza Mulas, AdrianaPilar.ZaragozaMulas@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/49870
Assistente	
Semestre	Secondo semestre
CFU	2
Docente responsabile	
Ore didattica frontale	0
Ore di laboratorio	20 Gruppe 1 und 2: Prof. Dr. Benjamin Niederkofler Gruppe 3 und 4: Dr. phil. Adriana Pilar Zaragoza Mulas
Ore di studio individuale	30
Ore di ricevimento previste	6
Sintesi contenuti	Discussion of scientific and practice-related texts; planning, implementation and evaluation of individual movement and sport units in small groups and in individual work; discussion of own movement and sport-related readiness and sporting ability.
Argomenti dell'insegnamento	- Planning, realisation and evaluation of physical education lessons - Subject-specific methodological practice - Experiencing educational perspectives in physical education (including e.g. health, cooperation, creativity, body awareness, risk-taking, and performance) - Exploring movement domains (e.g. playing, moving on and with equipment, gymnastic/rhythmic and dance-based movement, running/jumping/throwing, moving in water, cycling/skating/gliding, partner-based combat activities, and fitness training) - Hands-on exploration and acquisition of movement abilities/skills - Teaching and fostering subject-specific skills, abilities and competences in early childhood and primary education

Modalità di insegnamento	Laboratorium, student contributions, flipped classroom
Bibliografia obbligatoria	Messmer, R. (ed.) (2013). <i>Fachdidaktik Sport</i>. Bern: UTP. Scheid, V., & Prohl, R. (2017). <i>Sportdidaktik. Grundlagen, Vermittlungsformen, Bewegungsfelder</i>. Wiebelsheim: Limpert. Zaragoza Mulas Adriana Pilar: Dincher, A. (2020). <i>Einfach Sport: Gleiten, Rollen, Fahren: Kreativ, kompetenzorientiert und sicher</i>. AOL. Dincher, A. (2021). <i>Einfach Sport: Bewegen an Geräten: Kreativ, kompetenzorientiert und sicher</i>. AOL. Dincher, A. (2021). <i>Einfach Sport: Darstellen, Gestalten, Tanzen: Kreativ, kompetenzorientiert und sicher</i>. AOL. Dincher, A. (2021). <i>Einfach Sport: Laufen, Springen, Werfen: Kreativ, kompetenzorientiert und sicher</i>. AOL. Dincher, A. (2021). <i>Einfach Sport: Ringen, Raufen, Kämpfen: Kreativ, kompetenzorientiert und sicher</i>. AOL. Dincher, A. (2022). <i>Einfach Sport: Spielen: Kreativ, kompetenzorientiert und sicher</i>. AOL.
Bibliografia facoltativa	