Syllabus

Course Description

Course Title	Pedagogy and Didactics of Movement 1 - Basics
Course Code	11412
Course Title Additional	
Scientific-Disciplinary Sector	MEDF-01/A
Language	Italian
Degree Course	5 year master degree in Primary Education - Italian section
Other Degree Courses (Loaned)	
Lecturers	Prof. Attilio Carraro, Attilio.Carraro@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/42261 dr. Antonino Mulè, Antonino.Mule@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/49606
Teaching Assistant	
Semester	Second semester
Course Year/s	2
CP	5
Teaching Hours	30
Lab Hours	20
Individual Study Hours	75
Planned Office Hours	15
Contents Summary	The importance of movement and play in a child's development is analysed in relation to the educational objectives of pre-school and primary school.
Course Topics	Physical activity, health, and well-being: the basic foundations; quality physical education: the founding principles; physical literacy;

	motor behavior, motor skills, motor competencies; the teaching of motor activities and the teaching styles.
Keywords	Physical education Physical activity Physical literacy Wellbeing Health
Recommended Prerequisites	Knowledge of general teaching methods, developmental psychology, and basic human physiology. Knowledge of physical education teaching methods received in secondary schools. Willingness to actively participate in the situations proposed during the course and workshops. Desire to play
Propaedeutic Courses	
Teaching Format	The course is held in theoretical and practical form through classroom discussion (lectures) and the participation and critical discussion of motor experiences and situations in the gym and other spaces for movement (laboratory).
Mandatory Attendance	In accordance with the regulation
Specific Educational Objectives and Learning Outcomes	By combining the study of the fundamentals of motor science and educational theories with reflection on their own motor experience, students will develop the following competences - recognising and meeting children's movement-related needs - proposing different modes of motor learning and adapting them appropriately to different situations and contexts; - knowing how to design, conduct and evaluate stimulating and problem-posing learning situations for different age groups. Specific disciplinary theoretical content is covered in the module and activities are offered for the development of professional skills. Knowledge and understanding To know the importance and function of movement in childhood, to master basic notions of motor development and learning. Ability to apply knowledge and understanding To be able to choose appropriate materials and content for the promotion of motor activities in pre-school.

	Autonomy of judgement To be able to observe, analyse and evaluate children's movement. Communication skills To know the specific language of motor education, to be able to discuss movement in technical/scientific contexts during motor education lessons with children and their parents. Learning skills To acquire teaching strategies, to be able to reflect on them in order to design and implement effective teaching activities.
Specific Educational Objectives and Learning Outcomes (additional info.)	//
Assessment	Written production and oral discussion of an activity portfolio; oral examination on course and workshop content.
Evaluation Criteria	Awarding of a single final grade (course and laboratory). Criteria for awarding the grade. The following are assessed: commitment, active participation, ability to collaborate, creative capacity and originality, ability to critically re-elaborate, argumentative pertinence, relevance of the topics dealt with, clarity of the answer, mastery of the specific disciplinary language, property of language (also in relation to the language of the course), ability to synthesise. In the case of a negative mark for the entire module, any partial examinations taken with a positive result will be considered as already passed in the subsequent attempt to take the entire Module examination. It should be noted that, even in this case, a negative mark for the entire module will be counted towards the number of attempts available to take an examination. According to the Examinations Regulations, if a student fails an examination in three consecutive attempts, he/she may not register for the same examination in the three sessions following the last attempt (Art. 6, para. 4 of the current Regulations for Proficiency Examinations).
Required Readings	National and Provincial Indications for the Curriculum of the Infancy School and the First Cycle of Education.

	Abate Daga, F., Agosti, V., Albergoni, A., Bellafiore, M., Bertollo, M., Biino, V., Bonavolontà, V., Carraro, A., et al. *L 'educazione fisica in Italia: scenari, sfide, prospettive. Documento di consenso del Gruppo di Studio "Educazione Fisica & Pedagogia dello Sport" della SISMeS (Società Italiana delle Scienze Motorie e Sportive)*. Ferriera di Torgiano, PG: Calzetti &Mariucci Editori. [the parts indicated by the lecturer] Carraro, A. & Gobbi, E. (2016). *Muoversi per star bene. Una guida introduttiva all'attività fisica.* Rome: Carocci. [parts indicated by the lecturer] Carraro, A. & Bertollo M. (2005). *Le scienze motorie e sportive nella scuola primaria.* Padova: CLEUP. [the parts indicated by the lecturer] Materials provided by the lecturers in class, available on the course Teams page. .
Supplementary Readings	Pangrazi R. & Beighle A. (2016). *Dynamic physical education for elementary school children*, 18th Edition. San Francisco: Pearson. Zoia, S. (2004). *Lo sviluppo motorio del bambino*. Roma: Carocci.
Further Information	//
Sustainable Development Goals (SDGs)	Good health and well-being, Sustainable cities and communities, Gender equality, Quality education

Course Module

Course Constituent Title	Pedagogy and Didactics of Movement: Theoretical and Methodological Basics
Course Code	11412A
Scientific-Disciplinary Sector	MEDF-01/A
Language	Italian
Lecturers	Prof. Attilio Carraro, Attilio.Carraro@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/42261

Teaching Assistant	
Semester	Second semester
CP	3
Responsible Lecturer	
Teaching Hours	30
Lab Hours	0
Individual Study Hours	45
Planned Office Hours	9
Contents Summary	Lesson
Course Topics	- The importance of movement in childhood. - Movement and children's well-being. - Motor development in childhood. - Designing spaces for movement. - The didactics of motor activities. - Organisational and institutional aspects.
Teaching Format	Frontal lecture with the use of media aids and in-depth thematic investigation by students in small groups based on evidence from the scientific literature.
Required Readings	Indicazioni Nazionali e Provinciali (BZ e TN) per il Curricolo della Scuola dell'Infanzia e del Primo Ciclo d'Istruzione. A. Carraro, E. Gobbi (2016). *Muoversi per star bene, una guida introduttiva all'attività fisica*. Roma: Carocci. [i capitoli 1-2-3-4-7-8] Materials provided by the professor during class (slides and other documents), available on the course platform in Teams-UniBz.
Supplementary Readings	To be communicated during classes.

Course Module

Course Constituent Title	Pedagogy and Didactics of Movement with an Emphasis on the Age Range (0)-2-7 (Lab.)
Course Code	11412B
Scientific-Disciplinary Sector	MEDF-01/A
Language	Italian
Lecturers	Prof. Attilio Carraro,

	Attilio.Carraro@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/42261 dr. Antonino Mulè, Antonino.Mule@unibz.it https://www.unibz.it/en/faculties/education/academic-staff/person/49606
Teaching Assistant	
Semester	Second semester
CP	2
Responsible Lecturer	
Teaching Hours	0
Lab Hours	20 Gruppi 1+2: prof. Attilio Carraro Gruppi 1,2+3: Dr. Antonino Mulè
Individual Study Hours	30
Planned Office Hours	6
Contents Summary	Workshop
Course Topics	Experiencing and getting to know different motor experiences: body perception, body expression, non-verbal communication, cooperation with others, competition. Experiencing and getting to know different motor skills - crawling, rolling, walking, running, jumping, throwing/receiving, moving in water, moving with objects and tools. Expressing oneself with movement, dancing, discovering play and knowing how to use spaces for play. Prepare spaces for movement, choose appropriate material for exploration, communication and representation.
Teaching Format	Developing individual and group solutions for motor tasks; planning, conducting and evaluating lessons.
Required Readings	See lectures bibliography.
Supplementary Readings	