

# Syllabus

## Kursbeschreibung

<b>Titel der Lehrveranstaltung</b>	Pädagogik und Didaktik der Bewegung 1 - Grundlagen
<b>Code der Lehrveranstaltung</b>	11412
<b>Zusätzlicher Titel der Lehrveranstaltung</b>	
<b>Wissenschaftlich-disziplinärer Bereich</b>	M-EDF/01
<b>Sprache</b>	Italienisch
<b>Studiengang</b>	Einstufiger Master in Bildungswissenschaften für den Primarbereich - Abteilung in italienischer Sprache
<b>Andere Studiengänge (gem. Lehrveranstaltung)</b>	
<b>Dozenten/Dozentinnen</b>	Prof. Attilio Carraro, Attilio.Carraro@unibz.it <a href="https://www.unibz.it/en/faculties/education/academic-staff/person/42261">https://www.unibz.it/en/faculties/education/academic-staff/person/42261</a> dr. Antonino Mulè, Antonino.Mule@unibz.it <a href="https://www.unibz.it/en/faculties/education/academic-staff/person/49606">https://www.unibz.it/en/faculties/education/academic-staff/person/49606</a>
<b>Wissensch. Mitarbeiter/Mitarbeiterin</b>	
<b>Semester</b>	Zweites Semester
<b>Studienjahr/e</b>	2
<b>KP</b>	5
<b>Vorlesungsstunden</b>	30
<b>Laboratoriumsstunden</b>	20
<b>Stunden für individuelles Studium</b>	75
<b>Vorgesehene Sprechzeiten</b>	15
<b>Inhaltsangabe</b>	The importance of movement and play in a child's development is analysed in relation to the educational objectives of pre-school and

	primary school.
<b>Themen der Lehrveranstaltung</b>	Physical activity, health, and well-being: the basic foundations; quality physical education: the founding principles; physical literacy; motor behavior, motor skills, motor competencies; the teaching of motor activities and the teaching styles.
<b>Stichwörter</b>	Physical education Physical activity Physical literacy Wellbeing Health
<b>Empfohlene Voraussetzungen</b>	Knowledge of general teaching methods, developmental psychology, and basic human physiology. Knowledge of physical education teaching methods received in secondary schools. Willingness to actively participate in the situations proposed during the course and workshops. Desire to play
<b>Propädeutische Lehrveranstaltungen</b>	/
<b>Unterrichtsform</b>	The course is held in theoretical and practical form through classroom discussion (lectures) and the participation and critical discussion of motor experiences and situations in the gym and other spaces for movement (laboratory).
<b>Anwesenheitspflicht</b>	In accordance with the regulation
<b>Spezifische Bildungsziele und erwartete Lernergebnisse</b>	By combining the study of the fundamentals of motor science and educational theories with reflection on their own motor experience, students will develop the following competences <ul style="list-style-type: none"> <li>- recognising and meeting children's movement-related needs</li> <li>- proposing different modes of motor learning and adapting them appropriately to different situations and contexts;</li> <li>- knowing how to design, conduct and evaluate stimulating and problem-posing learning situations for different age groups.</li> </ul> Specific disciplinary theoretical content is covered in the module and activities are offered for the development of professional skills. <p>Knowledge and understanding To know the importance and function of movement in childhood,</p>

	<p>to master basic notions of motor development and learning.</p> <p>Ability to apply knowledge and understanding</p> <p>To be able to choose appropriate materials and content for the promotion of motor activities in pre-school.</p> <p>Autonomy of judgement</p> <p>To be able to observe, analyse and evaluate children's movement.</p> <p>Communication skills</p> <p>To know the specific language of motor education, to be able to discuss movement in technical/scientific contexts during motor education lessons with children and their parents.</p> <p>Learning skills</p> <p>To acquire teaching strategies, to be able to reflect on them in order to design and implement effective teaching activities.</p>
<b>Spezifisches Bildungsziel und erwartete Lernergebnisse (zusätzliche Informationen)</b>	//
<b>Art der Prüfung</b>	Written production and oral discussion of an activity portfolio; oral examination on course and workshop content.
<b>Bewertungskriterien</b>	<p>Awarding of a single final grade (course and laboratory).</p> <p>Criteria for awarding the grade.</p> <p>The following are assessed: commitment, active participation, ability to collaborate, creative capacity and originality, ability to critically re-elaborate, argumentative pertinence, relevance of the topics dealt with, clarity of the answer, mastery of the specific disciplinary language, property of language (also in relation to the language of the course), ability to synthesise.</p> <p>In the case of a negative mark for the entire module, any partial examinations taken with a positive result will be considered as already passed in the subsequent attempt to take the entire Module examination. It should be noted that, even in this case, a negative mark for the entire module will be counted towards the number of attempts available to take an examination. According to the Examinations Regulations, if a student fails an examination in</p>

	<p>three consecutive attempts, he/she may not register for the same examination in the three sessions following the last attempt (Art. 6, para. 4 of the current Regulations for Proficiency Examinations).</p>
<b>Pflichtliteratur</b>	<p>National and Provincial Indications for the Curriculum of the Infancy School and the First Cycle of Education.</p> <p>Abate Daga, F., Agosti, V., Albergoni, A., Bellafiore, M., Bertollo, M., Biino, V., Bonavolontà, V., Carraro, A., et al. <i>L'educazione fisica in Italia: scenari, sfide, prospettive. Documento di consenso del Gruppo di Studio "Educazione Fisica &amp; Pedagogia dello Sport" della SISMeS (Società Italiana delle Scienze Motorie e Sportive)</i>. Ferriera di Torgiano, PG: Calzetti &amp; Mariucci Editori. [the parts indicated by the lecturer]</p> <p>Carraro, A. &amp; Gobbi, E. (2016). <i>Muoversi per star bene. Una guida introduttiva all'attività fisica</i>. Rome: Carocci. [parts indicated by the lecturer]</p> <p>Carraro, A. &amp; Bertollo M. (2005). <i>Le scienze motorie e sportive nella scuola primaria</i>. Padova: CLEUP. [the parts indicated by the lecturer]</p> <p>Materials provided by the lecturers in class, available on the course Teams page.</p> <p>.</p>
<b>Weiterführende Literatur</b>	<p>Pangrazi R. &amp; Beighle A. (2016). <i>Dynamic physical education for elementary school children</i>, 18th Edition. San Francisco: Pearson.</p> <p>Zoia, S. (2004). <i>Lo sviluppo motorio del bambino</i>. Roma: Carocci.</p>
<b>Weitere Informationen</b>	//
<b>Ziele für nachhaltige Entwicklung (SDGs)</b>	Gesundheit und Wohlergehen, Nachhaltige Städte und Gemeinden, Geschlechter-Gleichheit, Hochwertige Bildung

## Kursmodul

<b>Titel des Bestandteils der Lehrveranstaltung</b>	Pädagogik und Didaktik der Bewegung: methodisch-theoretische Grundlagen
<b>Code der Lehrveranstaltung</b>	11412A
<b>Wissenschaftlich-</b>	M-EDF/01

<b>disziplinärer Bereich</b>	
<b>Sprache</b>	Italienisch
<b>Dozenten/Dozentinnen</b>	Prof. Attilio Carraro, Attilio.Carraro@unibz.it <a href="https://www.unibz.it/en/faculties/education/academic-staff/person/42261">https://www.unibz.it/en/faculties/education/academic-staff/person/42261</a>
<b>Wissensch. Mitarbeiter/Mitarbeiterin</b>	
<b>Semester</b>	
<b>KP</b>	3
<b>Verantwortliche/r Dozent/in</b>	
<b>Vorlesungsstunden</b>	30
<b>Laboratoriumsstunden</b>	0
<b>Stunden für individuelles Studium</b>	45
<b>Vorgesehene Sprechzeiten</b>	9
<b>Inhaltsangabe</b>	Lesson
<b>Themen der Lehrveranstaltung</b>	<ul style="list-style-type: none"> <li>- The importance of movement in childhood.</li> <li>- Movement and children's well-being.</li> <li>- Motor development in childhood.</li> <li>- Designing spaces for movement.</li> <li>- The didactics of motor activities.</li> <li>- Organisational and institutional aspects.</li> </ul>
<b>Unterrichtsform</b>	Frontal lecture with the use of media aids and in-depth thematic investigation by students in small groups based on evidence from the scientific literature.
<b>Pflichtliteratur</b>	<p>Indicazioni Nazionali e Provinciali (BZ e TN) per il Curricolo della Scuola dell'Infanzia e del Primo Ciclo d'Istruzione.</p> <p>A. Carraro, E. Gobbi (2016). <i>Muoversi per star bene, una guida introduttiva all'attività fisica</i>. Roma: Carocci. [i capitoli 1-2-3-4-7-8]</p> <p>Materials provided by the professor during class (slides and other documents), available on the course platform in Teams-UniBz.</p>
<b>Weiterführende Literatur</b>	To be communicated during classes.

## Kursmodul

<b>Titel des Bestandteils der Lehrveranstaltung</b>	Pädagogik und Didaktik der Bewegung mit besonderer Berücksichtigung der Altersstufe (0)-2-7 (Lab.)
<b>Code der Lehrveranstaltung</b>	11412B
<b>Wissenschaftlich-disziplinärer Bereich</b>	M-EDF/01
<b>Sprache</b>	Italienisch
<b>Dozenten/Dozentinnen</b>	Prof. Attilio Carraro, Attilio.Carraro@unibz.it <a href="https://www.unibz.it/en/faculties/education/academic-staff/person/42261">https://www.unibz.it/en/faculties/education/academic-staff/person/42261</a> dr. Antonino Mulè, Antonino.Mule@unibz.it <a href="https://www.unibz.it/en/faculties/education/academic-staff/person/49606">https://www.unibz.it/en/faculties/education/academic-staff/person/49606</a>
<b>Wissensch. Mitarbeiter/Mitarbeiterin</b>	
<b>Semester</b>	
<b>KP</b>	2
<b>Verantwortliche/r Dozent/in</b>	
<b>Vorlesungsstunden</b>	0
<b>Laboratoriumsstunden</b>	20 Gruppi 1+2: prof. Attilio Carraro Gruppi 1,2+3: Dr. Antonino Mulè
<b>Stunden für individuelles Studium</b>	30
<b>Vorgesehene Sprechzeiten</b>	6
<b>Inhaltsangabe</b>	Workshop
<b>Themen der Lehrveranstaltung</b>	Experiencing and getting to know different motor experiences: body perception, body expression, non-verbal communication, cooperation with others, competition. Experiencing and getting to know different motor skills - crawling, rolling, walking, running, jumping, throwing/receiving, moving in water, moving with objects and tools. Expressing oneself with movement, dancing, discovering play and knowing how to use

	<p>spaces for play.</p> <p>Prepare spaces for movement, choose appropriate material for exploration, communication and representation.</p>
<b>Unterrichtsform</b>	Developing individual and group solutions for motor tasks; planning, conducting and evaluating lessons.
<b>Pflichtliteratur</b>	See lectures bibliography.
<b>Weiterführende Literatur</b>	